



Grip & Grow® Frames & Panels

Vegie Growing / Grip and Grow®

- Integrated frame system
- Ribbed bar allows plants to grip and grow
- Available in two colours



INTEGRATED SYSTEM FOR GROWING PLANTS AND VEGIES

Grips as it grows

Whites Grip & Grow **Freestanding Panel** is an integrated vegie frame system for growing climbing vegetables and plants. The ribbed bar provides additional grip to hold plants as they grow. Grip & Grow is robust and durable enough to re-use year after year.

Easy to set up, simply push the feet into the ground.
Available in Designer-look rustic or Hot-dip galvanised finish.

Whites Grip & Grow **Freestanding Curved Vegie Frame** is an integrated vegie frame system for growing climbing vegetables and plants. The ribbed bar provides additional grip to hold growing vines. It comes with hook and loop ties, which support the plant as it grows. It features a curved frame that will support heavier produce. Easy to set up, you can simply push the feet into the ground. Made from durable galvanised steel for a longer life, Grip & Grow is robust and durable enough to re-use year after year.

- Push feet into the ground for set up.
- Evenly push feet at least half way into soil.
- Placement: Ensure plant is planted within the frame.
- Includes 2 hook & loop ties. Span between curved wings for extra plant support.

Whites Grip & Grow **Frames** are a modular integrated system for growing climbing vegetables and plants. The ribbed bar provides additional grip to hold vines as they grow. Made from durable galvanised steel for a longer life, Grip & Grow is robust and durable enough to re-use year after year. Available in three styles:

Vegie Frame - featuring wire legs so they simply push into the ground and you're ready to grow in large pots or vegie gardens

Wall Frame - ideal for training climbing plants to create a green-cover over fences and walls. Easy to mount using

Product Data Sheet

Whites Panel Fixing Clips (12390), Whites Panel Mounting Clips (12392), or Whites Trellis Mount Kit (18238).

Decorative Arch Frame - is both a garden feature and a plant trainer in one. Two sturdy metal legs simply push into the ground to install, or mount them against wall or fence to add character.

PRODUCT SPECIFICATIONS

Code	Product Name	Height (mm)	Width (mm)	Finish	Colour
18294	Grip & Grow Freestanding Curved Vegie Frame	1350	275	Hot-dip Galvanised	
18247	Grip & Grow Vegie Frame	1500	600	Hot-dip Galvanised	
18248	Grip & Grow Wall Frame	1800	1000	Hot-dip Galvanised	
18263	Grip & Grow Decorative Arch	1910	970	Hot-dip Galvanised	
18436	Grip & Grow Freestanding	1905	605	Hot-dip Galvanised	
18437	Grip & Grow Freestanding	1905	605	Rust	Rustic

MORE LINKS

- [▶ Watch Tomato Growing Tips](#)
- [▶ Watch Tomato Resurrection](#)
- [▶ Watch Vegie Panels](#)
- [▶ Watch Grip and Grow](#)
- [▶ Watch Grip & Grow Freestanding Frames](#)